

30 years

30 reasons
1989-2019

30 Reasons to make Meadowbrook an urban nature park, accessible to all

- For our physical health
- For our mental HEALTH
- To mitigate heat islands
- To absorb air pollution, including CO₂
- To encourage SOCIAL INTERACTION among people in different communities
- For the joy of our children

- To give kids a place to play in nature
- For igniting the spark in our future botanists and biologists
- To give children an experience of NATURE which will inform their decisions all of their adult lives
- To provide children with the cognitive benefits of playing outdoors
- So everyone can access this property, not just people who play golf
- So people who live in the area and beyond can walk safely, peacefully on paths among the trees, and enjoy peaceful, natural places

- To encourage citizen engagement with nature
- To provide access to natural spaces near to where people live
- To provide space for activities such as walking, birdwatching, cross-country skiing
- There are no other natural spaces in this area of Montreal
- For its majestic TREES
- For its vernal pools

- For its sheer BEAUTY
- To preserve what is left of the St. Pierre River
- To preserve much needed green space for future generations
- To provide a natural sciences laboratory
- To preserve our BIODIVERSITY
- Because Montreal lacks greenspace

- Because it's been 30 years
- To provide relief to the overused mountain
- To connect through a GREENWAY (la Trame Verte) to a network of parks, including the falaise Saint-Jacques
- To promote green space connectivity for plants, insects, pollinators, birds, animals and people
- As a source of artistic, creative and spiritual INSPIRATION
- To keep families from leaving the Island in search of quality of life